



# 1 Peter

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5:6-14



Blue Sky  
PRESENTS

# ICE AGE™



## Main Idea

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Christians find strength in hard times when they breathe, beware, and believe.

Breathe, beware, believe

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Breathe (verses 6-7)

Beware (verses 8-9)

Believe (verses 10-11)

# Breathe

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1 Peter 5:6-7: “Humble yourselves, therefore, under God’s mighty hand, that he may lift you up in due time. Cast all your anxiety on him because he cares for you.”

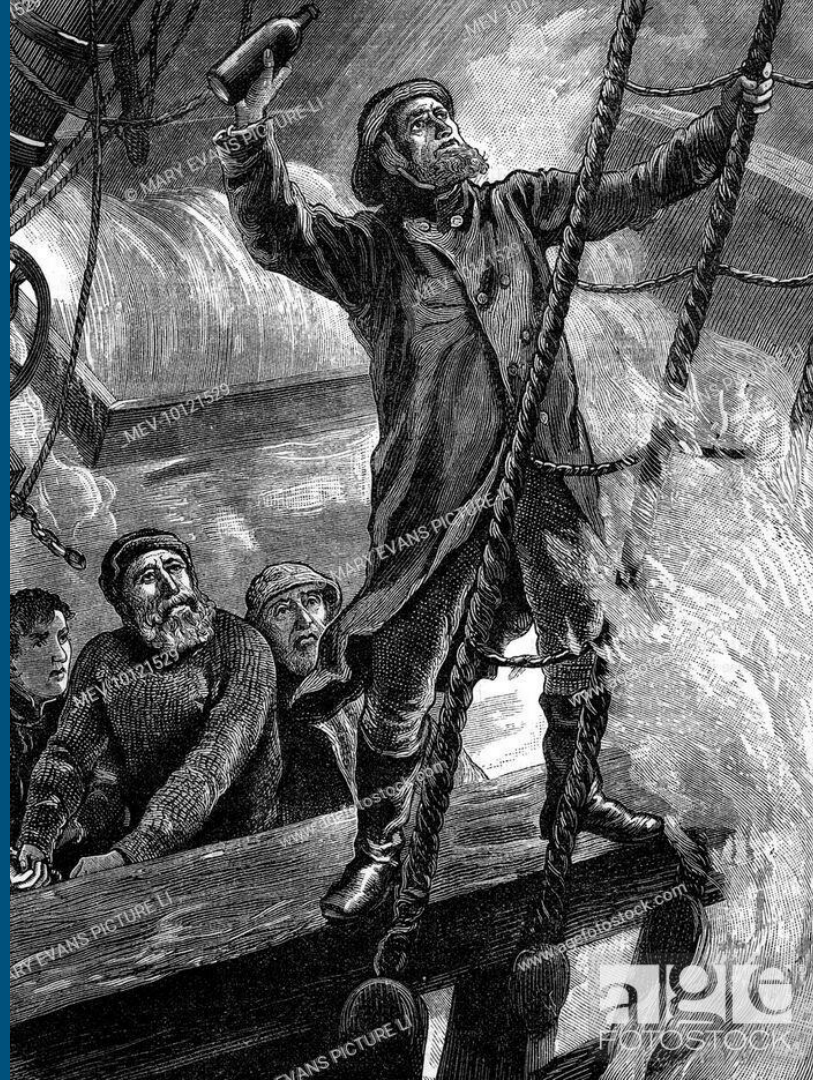
# Breathe

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“Humble yourselves, therefore, under God’s mighty hand...casting all your anxiety on him because he cares for you.”

# Breathe

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# Breathe

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## 1 Peter 5

“God opposes the proud, but gives grace to the humble”

- “Humble yourselves”
- “Cast your anxiety”
- “Resist the devil”

## James 4

“God opposes the proud, but gives grace to the humble”

- “Humble yourselves”
- “Submit to God”
- “Resist the devil”



# Breathe

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# Beware

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1 Peter 5:8-9: “Be self-controlled and alert. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in your faith, because you know that your brothers throughout the world are undergoing the same kind of sufferings.”

# Beware

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7 “Cast your anxiety because he cares for you...”

8 “Be self-controlled and alert. Your enemy the devil prowls around...”

# Beware

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9 “Resist him...because you know your brothers throughout the world are undergoing the same kind of sufferings.”



# Believe

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10 “And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast. To him be the power for ever and ever. Amen.”

# Believe

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Romans 8:18: “For I consider that our present sufferings are not worth comparing with the glory that will be revealed in us.”

# Believe

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Andy Crouch: “The creative potential for hope and vision is unparalleled right now - but paradoxically this creativity will only be fully available to us if we make space for grief and lament.”



## Applying the passage today

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Love: 1 Peter 5:12-14.

“With the help of Silas, whom I regard as a faithful brother...she who is in Babylon, chosen together with you...Mark, my son...greet one another with a kiss of love.”

# Applying the Passage today

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Step towards fellowship

Step away from sin

Step in humility